



**B.V. Patel Institute of Management,
Uka Tarsadia University**



Date: 03.11.2023

Session on “Youth The Power & Poverty – Harness It Here and Now”

Objectives of Session: To shed light on the potential and challenges faced by the youth in today's world.

Outcomes of Session: Students gain knowledge about how to cultivate habits of spirituality and meditation.

Date:	3 rd November 2023
Time:	9:30 AM - 11:30 AM
Venue:	Gopal Bhavan Hall
No.of Students:	150 (FIRST YEAR BBA)
Name of Speaker:	Prof. Mohandas Hegde
Coordinator:	Ms. Vaishali Pillai & Dr. Taral Patel
Category	Spiritual Club



The session "Youth: The Power & Poverty – Harness It Here and Now" conducted by Prof. (Dr.) Hegde provided valuable insights into the potential of young individuals in effecting positive change. It shed light on the challenges they face and emphasized the need for a supportive environment to nurture their talents and ambitions. Participants left with a renewed sense of purpose and a commitment to harness their power for the betterment of society.

Session Highlights:

The Power of Youth: Prof. Hegde emphasized the boundless potential that youth possess. Their energy, creativity, and idealism are powerful catalysts for driving positive change in various spheres of society, including education, technology, environment, and social justice.

Harnessing Opportunities: The session delved into the importance of creating conducive environments for young individuals to thrive. This includes access to quality education, mentorship programs, and platforms to highlight their talents and innovations.

Addressing Challenges: Mr. Hegde highlighted the various challenges faced by today's youth, such as unemployment, mental health issues, and socio-economic disparities. He stressed the need for holistic support systems and policies to address these issues effectively.

Empowering Youth Voices: The session discussed the importance of providing platforms for young people to voice their opinions and concerns. By amplifying their voices, society can benefit from fresh perspectives and innovative solutions.

Taking Action Now: Prof. Hegde encouraged participants to take immediate steps towards realizing their potential. He emphasized that change begins with small, actionable steps, and urged attendees to identify areas where they can make a difference.

Role Models and Inspirations: Prof. Hegde shared stories of young individuals who have made significant contributions to society, serving as inspirations for others. These examples illustrated that age should not be a barrier to making a difference.

The session was a tremendous success in terms of inspiring and motivating youths to take responsibility for their own futures and make constructive contributions to society as a whole.

